



TEERTHANKER MAHAVEER COLLEGE OF PHARMACY

VALUE ADDED COURSE ON DIETARY SUPPLEMENTS

**Starting from
October 2022**



**Learn this course
to add value to
your healthcare**

Topics:

COURSE HIGHLIGHTS

- Background on dietary supplements
- Rational use of dietary supplements in minor ailments
- Dietary supplements are different from pharmaceuticals
- Interaction of dietary supplements with pharmaceuticals
- Tips on identifying quality dietary supplements products
- A brief description on Vitamins, antioxidants, fatty acids, micronutrients, probiotics, and synergetic supplements
- Common herbs as dietary supplements such as garlic, ashwagandha, spirulina, wheatgrass, chlorella

For information, contact:

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