

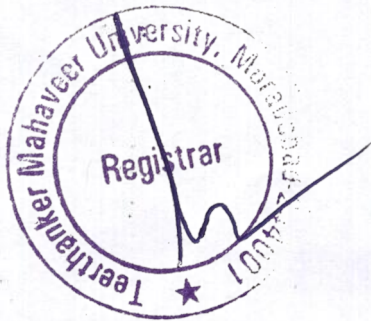


TEERTHANKER MAHAVEER UNIVERSITY

DEPARTMENT OF PHYSIOTHERAPY

VALUE ADDED COURSES

(w.e.f. 2018-19)



Course Code: VMPHY201	Value Added Course M.P.T. 2nd Semester ANTHROPOMETRIC MEASUREMENTS	Hours: 16
Course Outcomes:	On completion of the course, the students will be :	
CO1	Understanding of measurement of physical growth	
CO2	Analysis of recorded measure values	
CO3	Evaluation of the values of the anthropometric testing & application of various anthropometric tests on human body	
Course Content		
Unit – 1:	Definition, basic concepts of Anthropometry	3 Hours
Unit – 2:	Various types of anthropometric training & body measurements	3 Hours
Unit – 3:	Determination of risk factors, and use of the equipments, scales & tests and recording of measurement of values	4 Hours
Unit – 4:	Measurement conversion scales in different age groups	3 Hours
Unit – 5:	Application of anthropometric measures in Interventions	3 Hours
<u>Books</u>	Anthropometrika: A Textbook of Body Measurement for Sports and Health Courses	

